

GMFCS Family Report Questionnaire:
Children Aged 2 to <4 Years

Please read the following and mark **only one box** beside the description that best represents your child's movement abilities.

My child...

Has difficulty controlling head and trunk posture in most positions
and uses specially adapted seating to sit comfortably
and has to be lifted by another person to move about

Can sit on own when placed on the floor and can move within a room
and uses hands for support to maintain sitting balance
and usually uses adaptive equipment for sitting and standing
and moves by rolling, creeping on stomach or crawling

Can sit on own and walk short distances with a walking aid (such as a walker, rollator, crutches, canes, etc.)
and may need help from an adult for steering and turning when walking with an aid
and usually sits on floor in a "W-sitting" position and may need help from an adult to get into sitting
and may pull to stand and cruise short distances
and prefers to move by creeping and crawling

Can sit on own and usually moves by walking with a walking aid
and may have difficulty with sitting balance when using both hands to play
and can get in and out of sitting positions on own
and can pull to stand and cruise holding onto furniture
and can crawl, but prefers to move by walking

Can sit on own and moves by walking without a walking aid
and is able to balance in sitting when using both hands to play
and can move in and out of sitting and standing positions without help from an adult
and prefers to move by walking

GMFCS Family Report Questionnaire:
Children Aged 4 to <6 Years

Please read the following and mark **only one box** beside the description that best represents your child's movement abilities.

My child...

Has difficulty sitting on their own and controlling their head and body posture in most positions

and has difficulty achieving any voluntary control of movement

and needs a specially-adapted supportive chair to sit comfortably

and has to be lifted or hoisted by another person to move

Can sit on their own but does not stand or walk without significant support and adult supervision

and may need extra body / trunk support to improve arm and hand function

and usually needs adult assistance to get in and out of a chair

and may achieve self-mobility using a powered wheelchair or is transported in the community

Can walk on their own using a walking aid (such as a walker, rollator, crutches, canes, etc.)

and can usually get in and out of a chair without adult assistance

and may use a wheelchair when travelling long distances or outside

and finds it difficult to climb stairs or walk on an uneven surface without considerable help

Can walk on their own without using a walking aid, but has difficulty walking long distances or on uneven surfaces

and can sit in a normal adult chair and use both hands freely

and can move from the floor to standing without adult assistance

and needs to hold the handrail when going up or down stairs

and is not yet able to run and jump

Can walk on their own without using a walking aid, including fairly long distances, outdoors and on uneven surfaces

and can move from the floor or a chair to standing without using their hands for support

and can go up and down stairs without needing to hold the handrail

and is beginning to run and jump

GMFCS Family Report Questionnaire:
Children Aged 6 to <12 Years

Please read the following and mark **only one box** beside the description that best represents your child's movement abilities.

My child...

Has difficulty sitting on their own and controlling their head and body posture in most positions
and has difficulty achieving any voluntary control of movement
and needs a specially supportive chair to sit comfortably
and has to be lifted or hoisted by another person to move

Can sit on their own but does not stand or walk without significant support
and therefore relies mostly on wheelchair at home, school and in the community
and often needs extra body / trunk support to improve arm and hand function
and may achieve self-mobility using a powered wheelchair

Can stand on their own and only walks using a walking aid (such as a walker, rollator, crutches, canes, etc.)
and finds it difficult to climb stairs, or walk on uneven surfaces
and may use a wheelchair when travelling for long distances or in crowds

Can walk on their own without using walking aids, but needs to hold the handrail when going up or down stairs
and often finds it difficult to walk on uneven surfaces, slopes or in crowds

Can walk on their own without using walking aids, and can go up or down stairs without needing to hold the handrail
and walks wherever they want to go (including uneven surfaces, slopes or in crowds)
and can run and jump although their speed, balance, and coordination may be slightly limited

GMFCS-E&R Family Report Questionnaire:
for Young People Aged 12 - 18 Years

Please read the following and mark **only one box** beside the description that best represents your child's movement abilities.

My child...

Has difficulty sitting on their own and controlling their head and body posture in most positions

and has difficulty achieving any voluntary control of movement

and needs a specially adapted chair to sit comfortably and be transported anywhere

and has to be lifted or hoisted by another person or special equipment to move

Can sit with some pelvic and trunk support but does not stand or walk without significant support

and therefore always relies on wheelchair when outdoors

and can achieve self-mobility using a powered wheelchair

and can crawl or roll to a limited extent to move around indoors

Can stand on their own and only walks using a walking aid (such as a walker, rollator, crutches, canes, etc.)

and finds it difficult to climb stairs, or walk on uneven surfaces without support

and uses a variety of means to move around depending on the circumstances

and prefers to use a wheelchair to travel quickly or over longer distances

Can walk on their own without using walking aids, but needs to hold the handrail when going up or down stairs

and therefore walks in most settings

and often finds it difficult to walk on uneven surfaces, slopes or in crowds

and may occasionally prefer to use a walking aid (such as a cane or crutch) or a wheelchair to travel quickly or over longer distances

Can walk on their own without using walking aids, and can go up or down stairs without needing to hold the handrail

and walks wherever they want to go (including uneven surfaces, slopes or in crowds)

and can run and jump although their speed, balance, and coordination may be limited

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GMFCS-E&R Self Report Questionnaire:
for Young People Aged 12- 18 Years

Please read the following and mark **only one box** beside the description that best represents your movement abilities.

I...

- Have difficulty sitting on my own and controlling my head and body posture in most positions**
and have difficulty achieving any voluntary control of movement
and need a specially adapted chair to sit comfortably and be transported anywhere
and have to be lifted or hoisted by another person or special equipment to move
-

- Can sit on my own but do not stand or walk without significant support**
and therefore always rely on wheelchair when outdoors
and can achieve self-mobility using a powered wheelchair
and can crawl or roll to a limited extent to move around indoors
-

- Can stand on my own and only walk using a walking aid** (such as a walker, rollator, crutches, canes, etc.)
and find it difficult to climb stairs, or walk on uneven surfaces without support
and use a variety of means to move around depending on the circumstances
and prefer to use a wheelchair to travel quickly or over longer distances
-

- Can walk on my own without using walking aids, but need to hold the handrail when going up or down stairs**
and therefore walk in most settings
and often find it difficult to walk on uneven surfaces, slopes or in crowds
and may occasionally prefer to use a walking aid (such as a cane or crutch) or a wheelchair to travel quickly or over longer distances
-

- Can walk on my own without using walking aids, and can go up or down stairs without needing to hold the handrail**
and walk wherever I want to go (including uneven surfaces, slopes or in crowds)
and can run and jump although my speed, balance, and coordination may be limited