



# I Want to Participate In...

## Music Lessons

You can help me to participate successfully in music lessons by thinking about:

*The way you interact with me:*

- giving me short, simple, step-by-step instructions
- giving me more time to understand you
- using pictures to show me what you would like me to do
- showing me how to do the activity while using words to describe it
- praising me when I make progress
- giving me hand-over-hand assistance
- giving me clear and specific feedback about my performance
- \_\_\_\_\_

*The activity:*

- breaking down skills into smaller steps and teaching me one step at a time
- giving me frequent breaks
- changing the structure of the activity
- shortening the length of the activity
- relaxing the rules (if this is possible)
- modifying or adapting the equipment
- \_\_\_\_\_

*The environment:*

- providing a support person to assist me
- giving me more room to maneuver my wheelchair or walker
- providing a quiet corner for me to calm down if things get overwhelming
- changing the setting where the activity happens
- pairing me up with another peer in the class
- placing me in a smaller class
- asking me about where the best place is for me to sit so that I can see and hear well
- \_\_\_\_\_

A Resource from *CanChild's* Participation Knowledge Hub  
<https://www.canchild.ca/en/research-in-practice/participation-knowledge-hub>