

## RESEARCH AND YOU



### WHAT IS RESEARCH?

Research is a process of finding answers to questions. It is a systematic investigation in order to establish facts and reach new conclusions.



### WHAT ARE THE BENEFITS?

Research can give hope and meaning for the future. It can provide answers to questions that you may have been wondering about. It can help provide direction for better outcomes.



### HOW TO PARTNER IN RESEARCH?

Parent partnerships are invaluable. We want to hear about your experiences as they could relate to research questions being studied and they could inspire new ideas for studies.

You can contribute to each and every step in the research process. Most likely communication will be via phone call, email, and sometimes in-person. Personal time commitments will vary.

PLEASE CONTACT US FOR MORE INFORMATION ABOUT HOW YOU CAN GET INVOLVED WITH RESEARCH PROJECTS THAT RELATE TO YOU:



Share with your friends!

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Visit: <https://canchild.ca/en/research-in-practice/current-studies/family-engagement-in-research-course> for further information about the training

# RESEARCH AND YOU

You know your child best and we want to hear from you!

*Your voice matters!*



## THE STEPS OF RESEARCH

### THINKING LIKE A RESEARCHER

**Research** is process of asking questions and finding ways to answer them. It involves **critical thinking** which is the analysis of facts to form a judgment.

To think like a **researcher**, you need to apply **critical thinking** skills at each step of the research process. Remember: good research is done in a team, and you can be an essential team player! Your partnership, experience, and knowledge can shape the research and lead to valuable findings.

For more information:

<https://www.canchild.ca/en/research-in-practice/knowledge-translation-exchange/what-is-research>



#### Planning the Study

- What important questions should the study answer?

#### Recruiting and Retaining Participants

- Who should be included?  
How to engage them?

#### Conducting the Study

- Asking, testing, measuring, observing.

#### Analyzing the Data

- Making sense of the findings.

#### Disseminating the Results

- Findings are shared with the world!

*“The art and science of asking questions is the source of all knowledge”*

-Thomas Berger