



Before we tell you all about our experiences, we want to teach you about what research is and the types you could be a part of...

RESEARCH

A project that explores a question of focus using a scientific method



QUANTITATIVE

Research that can be counted with numbers (like filling out surveys)



QUALITATIVE

Research that focuses on participant experience (like interviews with your family)



PARTICIPANT

People like **YOU** taking part in projects by giving info (like: surveys, interviews, health records, & observation of your activities)



RESEARCH PARTNER

Families working with researchers to create & conduct research. They also share the findings of the project.



I filled out lots of surveys online and gained **super strength** by sharing information about being a sibling of a kiddo with disabilities. Other siblings like me can learn from my life!



SIBLING

PARTICIPANT

**QUANTITATIVE
RESEARCH**

REAL TESTIMONIAL:

"Participating as a sibling has given me the superpower of hope & healing... I can influence & talk with families, patients & staff creating hope for a better future while healing from the trauma of their experiences. I healed too while improving the lives of others..."

- Sister Doe

My kiddo has complex communication needs. By sharing our family's experience as a research partner I helped our **voice** be heard.



**PARENT
CAREGIVER**

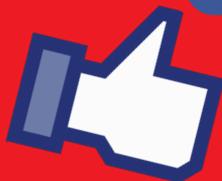
PARTNER

**QUANTITATIVE
RESEARCH**

REAL TESTIMONIAL:

*"As a Dad, I felt helpful knowing research can not only help my son, but others as well."
- Dad Doe*

I'm the cool aunt who loves her niece with a disability very much. I became active on a family engagement in research page and found **connection** with other families.



AUNT

PARTICIPANT

**SOCIAL MEDIA
COMMUNITY**

REAL TESTIMONIAL:

"My niece has been involved in a lot of research, I learned I can be involved also...even though I am not her parent... I have joined Facebook groups and connected with family/patient partners in this community."

- Cool Aunt Doe

I am the researcher that got to partner with families who have lived experience. Together we felt **pride** in our work!



RESEARCHER

**RESEARCH
PARTNER**

**QUANTITATIVE
& QUALITATIVE
RESEARCH**

REAL TESTIMONIAL:

"I find it extremely rewarding to work with family/patient partners. I have made meaningful connections & LOVE helping our lived experience experts have a voice in the research... when I have done research WITH patients/experts the questions & outcomes are ACTUALLY meaningful to them."
- Researcher Doe

**WANT TO
LEARN MORE?**

**INFO
FOR KIDS:**



**AWESOME
RESOURCES
HERE!**

**FAQS TO HELP
YOU DECIDE:**



**ALL ABOUT FAMILY
ENGAGEMENT IN RESEARCH:**



**INTERESTED PARENTS,
READ THIS:**



AND THIS:



WATCH THIS:



This resource was created as part of the McMaster University, CanChild, and Kids Brain Health Network Family Engagement In Research Certificate of Completion Program. Copyright © 2022 Pamela Ruth Alberto-Flores, Jennifer Cantwell, Joelle Fawcett-Arsenault Samantha Novek. All Rights Reserved.